

Guam Elementary Menu

3

10



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

4

FRIDAY

Breakfast Cold Cereal

Fruit Lunch

Salisbury Steak

w/ Rice

Daily Vegetables

Fruit

Breakfast Breakfast Pizza Fruit & Juice

Lunch **Beef Nachos** w/ Cheese Sauce Black Beans

Breakfast Pork Sausage Rice Fruit

Lunch Corn Dog Vegetable Fruit

Breakfast Yogurt Scooby Snacks Fruit & Juice

Lunch Chicken Drumstick w/ Red Rice Vegetables

Breakfast Apple Frudel Fruit

Lunch Cheese Pizza Daily Vegetable Fruit

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8

1

Breakfast Benefit Bar Fruit

Lunch Cheeseburger Vegetable of the Day Fruit

Bacon and Egg

9

2

Lunch Pork Tacos Pinto Beans Daily Fruit

Breakfast

w/ Rice

Fruit & Juice

French Toast Sticks

Lunch Chicken Nuggets W/ Rice Daily Vegetable Fruit

Fruit

11

Breakfast Muffins Fruit & Juice

Lunch Bistek w/ Rice (b) Daily Vegetable Fruit

12

5

Breakfast Cheese Omelet w/ Rice Fruit

Lunch Sloppy Joe Sandwich Fruit & Vegetable

Our Menus follow USDA guidelines for school nutrition serving a variety of whole grains weekly

15

Breakfast Cold Cereal Fruit

Lunch Breaded Chicken Sandwich Daily Vegetable

16

Breakfast Breakfast on a Stick Fruit & Juice

Lunch Beef Nachos w/Cheese Sauce Black Beans Daily Fruit

17 Breakfast

Lunch Orange Chicken Rice Caesar Salad Fruit

Breakfast Pizza (t)

Fruit

18

Breakfast Mini Pancakes Fruit & Juice

Lunch Eggless Loco Moco (b) Rice Daily Vegetable Fruit

19

Breakfast Apple Frudel Fruit

Lunch Pepperoni Pizza Daily Vegetable

Meat types are clarified with a (p) for pork, (t) for turkey, (c) for chicken and (b) for beef

22

Breakfast Benefit Bar Fruit

Lunch Chicken Alfredo Pasta Bake Vegetable Fruit

23

Breakfast Sausage Breakfast Sandwich (p) w/ English Muffins Fruit & Juice

> Lunch Pork Tacos Pinto Beans

24

Breakfast Fried Rice w/ Ham & Egg (p) Fruit

Lunch BBQ Pork Rib Sandwich Daily Vegetable Fruit

25

Breakfast Muffin Fruit & Juice

Lunch Chili w/ Hot Dog w/ Rice Daily Vegetable

26

Breakfast Cheese Omelet Rice Fruit

Lunch Cheesy Breadsticks Marinara Vegetable & Fruit

Milk is OPTIONAL at Lunch time Only (required at breakfast)

29

Breakfast Cold Cereal Fruit

Returning Favorite! Chicken Tender Bowl w/ Corn and Mashed Potatoes Fruit

30

Breakfast Breakfast Pizza (P) Fruit & Juice

Lunch Beef Nachos w/ Cheese Sauce Black Beans

TAKE THE **EARTH MONTH** CHALLENGE



Menus are subject to change due to product availability

This institution is an equal opportunity provider. $\mathcal{A}\mathcal{B}\mathcal{G}$

